## SYCAMORE

Sycamore is an informal course about the Christian faith and its relevance for life today. It gives people space to meet others, share ideas, explore their beliefs, and think about questions that really matter.

Each Sycamore session involves a short film and time for discussion. There's no pressure and no commitment. People can be themselves without any fear of being judged. There's a real sense of community, a spirit of friendship, some great conversation, and often some delicious food. Everyone is welcome.

The high-quality films are engaging, thought-provoking, and accessible to those with little or no religious background. They explore the richness of the Christian tradition from a Catholic perspective, connecting the core Christian message with a vision of the sacramental and moral life. They will also appeal to people from different Christian traditions and backgrounds.

Sycamore can work as a stand-alone enquiry course, or it can form part of a wider programme of evangelisation, faith formation or sacramental preparation.

Series 1 (available now) explores the basics of Christian faith. Series 2 (in development) will go deeper into the Creed, the Church, Christian living, prayer, and the sacraments. There will be different catechetical "pathways" through the films (RCIA. Confirmation, etc).

Sycamore has been created for parishes, schools, university chaplaincies and beyond. It develops leaders, builds community, creates genuine friendships, and helps the wider Christian community to become more open and welcoming. Discussion questions are built into the films so that the sessions can be run very easily.

Why "Sycamore"? In the bible, Jesus comes to the town of Jericho. A man called Zacchaeus is so curious about Jesus that he climbs a Sycamore tree to get a better view. When he finally meets him, they begin a conversation, and his life is changed forever.

The films, supplementary resources and training materials for group leaders are available online.

Contact: admin@sycamore.fm or visit the website below

## sycamore.fm