

# SUNDAY LITURGY AT HOME

## Twelfth Sunday in Ordinary Time

*Alongside the Mass Christians down through the ages have prayed by singing hymns, psalms and canticles, listening to passages of Scripture, and offering prayers of intercession – we call this kind of prayer the ‘Liturgy of the Hours,’ or the ‘Divine Office.’ As we cannot gather for the Eucharist at this time let us embrace this ancient tradition and pray in our homes either as a family or by ourselves. If you are praying as a family one person leads, the others say the words in bold.*

### INTRODUCTORY RITES

#### Introduction

Ps 69:2

✠ O God, ✠ come to our aid  
✠ O Lord, make haste to help us

Glory be to the Father, and to the Son:  
and to the Holy Spirit;  
As it was in the beginning, is now and ever shall be:  
world without end. Amen. Alleluia!

#### Hymn

All people that on earth do dwell,  
Sing to the Lord with cheerful voice;  
Him serve with mirth, his praise forth tell,  
Come ye before him, and rejoice.

The Lord, ye know, is God indeed;  
Without our aid he did us make;  
We are his folk, he doth us feed;  
And for his sheep he doth us take.

For why, the Lord our God is good:  
His mercy is for ever sure;  
His truth at all times firmly stood,  
And shall from age to age endure.

To Father, Son and Holy Ghost,  
The God whom heaven and earth adore,  
From men and from the angel-host  
Be praise and glory evermore.

### PSALMODY

#### Song of rejoicing in salvation

Ps 117(118)

*This is the stone which was rejected by you builders, but which has become the cornerstone (Acts 4:11)*

*Ant 1:* Give thanks to the Lord, \* **for his great love is without end. Alleluia!**

Give thanks to the Lord for he is good,  
for his love endures for ever.

**Let the sons of Israel say:  
‘His love endures for ever.’  
Let the sons of Aaron say:  
‘His love endures for ever.’  
Let those who fear the Lord say:  
‘His love endures for ever.’**

I called to the Lord in my distress;  
he answered and freed me.  
The Lord is at my side; I do not fear.  
What can man do against me?  
The Lord is at my side as my helper;  
I shall look down on my foes.

**It is better to take refuge in the Lord  
than to trust in men;  
it is better to take refuge in the Lord  
than to trust in princes.**

The nations all encompassed me;  
in the Lord’s name I crushed them.  
They compassed me, compassed me about;  
in the Lord’s name I crushed them.  
They compassed me about like bees;  
they blazed like a fire among thorns.  
In the Lord’s name I crushed them.

**I was hard-pressed and was falling,  
but the Lord came to help me.  
The Lord is my strength and my song;  
he is my saviour.  
There are shouts of joy and victory  
in the tents of the just.**

The Lord’s right hand has triumphed;  
his right hand raised me.  
The Lord’s right hand has triumphed;  
I shall not die, I shall live  
and recount his deeds.  
I was punished, I was punished by the Lord,  
but not doomed to die.

**Open to me the gates of holiness:  
I will enter and give thanks.  
This is the Lord's own gate  
where the just may enter.  
I will thank you for you have answered  
and you are my saviour.**

The stone which the builders rejected  
has become the corner stone.  
This is the work of the Lord,  
a marvel in our eyes.  
This day was made by the Lord;  
we rejoice and are glad.

**O Lord, grant us salvation;  
O Lord, grant success.  
Blessed in the name of the Lord  
is he who comes.  
We bless you from the house of the Lord;  
the Lord God is our light.**

*Ant 1:* Give thanks to the Lord, for his great love is without end. Alleluia!

*Let every creature praise the Lord*

*Dan 3:52-57*

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*The Creator is blessed for ever (Rom 1:25)*

*Ant 2:* Alleluia. \* **All works of the Lord, bless the Lord! Alleluia!**

You are blest, Lord God of our fathers.  
To you glory and praise for evermore.

**Blest your glorious holy name.  
To you glory and praise for evermore.**

You are blest in the temple of your glory.  
To you glory and praise for evermore.

**You are blest who gaze into the depths.  
To you glory and praise for evermore.**

You are blest in the firmament of heaven.  
To you glory and praise for evermore.

**You who walk on the wings of the wind.  
To you glory and praise for evermore.**

*Ant 2:* Alleluia. All works of the Lord, bless the Lord! Alleluia!

*Praise the Lord*

*Ps 150*

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*Sing praise in your spirit, sing praise with your soul, that is: give glory to God in both your soul and your body (Hesychius)*

*Ant 3:* Let everything that breathes \* **give praise to the Lord! Alleluia!**

Praise God in his holy place,  
praise him in his mighty heavens.  
Praise him for his powerful deeds,  
praise his surpassing greatness.

**O praise him with sound of trumpet,  
praise him with lute and harp.  
Praise him with timbral and dance,  
praise him with strings and pipes.**

O praise him with resounding cymbals,  
praise him with clashing of cymbals.  
Let everything that lives and that breathes  
give praise to the Lord.

**Glory be to the Father and to the Son  
and to the Holy Spirit,**  
as it was in the beginning,  
is now, and ever shall be,  
world without end. Amen.

*Ant 3:* Let everything that breathes give praise to the Lord! Alleluia!

## COLLECT OF THE MASS

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Let us pray.

**G**rant, O Lord,  
that we may always revere and love your holy name,  
for you never deprive of your guidance  
those you set firm on the foundation of your love.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever. **Amen.**

## LITURGY OF THE WORD

### First Reading

*Jeremiah 20:10-13*

*He has delivered the soul of the needy from the hands of evil men*

A reading from the prophet Jeremiah.

Jeremiah said: I hear so many disparaging me, “Terror from every side!” Denounce him! Let us denounce him! All those who used to be my friends watched for my downfall, ‘Perhaps he will be seduced into error. Then we will master him and take our revenge!’ But the Lord is at my side, a mighty hero; my opponents will stumble, mastered, confounded by their failure; everlasting, unforgettable disgrace will be theirs. But you, O Lord of Hosts, you who probe with justice, who scrutinise the loins and heart, let me see the vengeance you will take on them, for I have committed my cause to you. Sing to the Lord, praise the Lord, for he has delivered the soul of the needy from the hands of evil men.

The word of the Lord.

**℟** **Thanks be to God.**

### Responsorial Psalm

*Ps 68(69):8-10, 14, 17, 33-35*

**℟** **In your great love, answer me, O Lord.**

It is for you that I suffer taunts,  
that shame covers my face,  
that I have become a stranger to my brothers,  
an alien to my own mother’s sons.  
I burn with zeal for your house  
and taunts against you fall on me. **℟**

The poor when they see it will be glad  
and God-seeking hearts will revive;  
for the Lord listens to the needy  
and does not spurn his servants in their chains.  
Let the heavens and the earth give him praise,  
the sea and all its living creatures. **℟**

This is my prayer to you,  
my prayer for your favour.  
In your great love, answer me, O God,  
with your help that never fails:  
Lord, answer, for your love is kind;  
in your compassion, turn towards me. **℟**

### Second Reading

*Romans 5:12-15*

*The gift considerably outweighed the fall*

A reading from the letter of St Paul to the Romans.

Sin entered the world through one man, and through sin death, and thus death has spread through the whole human race because everyone has sinned. Sin existed in the world long before the Law was given. There was no law and so no one could be accused of the sin of ‘law-breaking’, yet death reigned over all from Adam to Moses, even though their sin, unlike that of Adam, was not a matter of breaking a law.

Adam prefigured the One to come, but the gift itself considerably outweighed the fall. If it is certain that through one man’s fall so many died, it is even more certain that divine grace, coming through the one man, Jesus Christ, came to so many as an abundant free gift.

The word of the Lord.

**℟** **Thanks be to God.**

## Gospel Acclamation

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**Alleluia, alleluia!**

The Word was made flesh and lived among us:  
to all who did accept him he gave power to become children of God.

**Alleluia!**

## Gospel Reading

*Matthew 10:26-33*

*Do not be afraid of those who kill the body*

✠ A reading from the Holy Gospel ✠ according to Matthew.

℟️ **Glory to you, O Lord.**

**J**esus instructed the Twelve as follows: 'Do not be afraid. For everything that is now covered will be uncovered, and everything now hidden will be made clear. What I say to you in the dark, tell in the daylight; what you hear in whispers, proclaim from the housetops.

'Do not be afraid of those who kill the body but cannot kill the soul; fear him rather who can destroy both body and soul in hell. Can you not buy two sparrows for a penny? And yet not one falls to the ground without your Father knowing. Why, every hair on your head has been counted. So there is no need to be afraid; you are worth more than hundreds of sparrows.

'So if anyone declares himself for me in the presence of men, I will declare myself for him in the presence of my Father in heaven. But the one who disowns me in the presence of men, I will disown in the presence of my Father in heaven.'

The Gospel of the Lord.

℟️ **Praise to you, Lord Jesus Christ.**

## PRAYER AND SPIRITUAL COMMUNION

### Intercessions

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In real humility of heart let us pray to God who cares for everyone, saying: ℟️ **Lord, have mercy.**

Defend the church against all danger. ℟️

Protect Francis our Pope. ℟️

Be the strength of Patrick our Bishop. ℟️

Keep our parish united in prayer. ℟️

Save your people. ℟️

Preserve the world in peace. ℟️

Bring light to those who do not believe. ℟️

Guide the rulers of all nations. ℟️

Come to the aid of the poor. ℟️

Comfort the afflicted. ℟️

Guide and strengthen healthcare workers. ℟️

Bring an end to the coronavirus. ℟️

Have mercy on the dead. ℟️

*We pause to make our own prayers.*

We ask Mary to place the whole world under her maternal protection, saying:

**Hail Mary, full of grace,  
the Lord is with thee.**

**Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death. Amen.**

### Our Father

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Let us pray together in the words Jesus taught us, saying:

**Our Father, who art in heaven,  
hallowed be thy name.**

**Thy kingdom come.**

**Thy will be done on earth, as it is in heaven.**

**Give us this day our daily bread,**

**and forgive us our trespasses,**

**as we forgive those who trespass against us,**

**and lead us not into temptation,**

**but deliver us from evil.**

## Spiritual Communion

*Spend a few moments in silence, then pray asking Jesus to make his home in your heart:*

My Jesus,  
I believe that you are present in the Most Blessed Sacrament.  
I love you above all things,  
and I desire to receive you into my soul.  
Since I cannot at this moment receive you sacramentally,  
come at least spiritually into my heart.  
I embrace you as if you were already there  
and unite myself wholly to you.  
Never permit me to be separated from you. Amen.

## THANKSGIVING AND CONCLUSION

### The Benedictus

*Luke 1:68-79*

*The Messiah and the one who was sent before him*

*Ant:* 'Every hair on your head has been counted. \* **So there is no need to be afraid,**' says the Lord.

**B**lessed be the Lord, ✠ the God of Israel!  
He has visited his people and redeemed them.

**He has raised up for us a mighty saviour  
in the house of David his servant,  
as he promised by the lips of holy men,  
those who were his prophets from of old.**

A saviour who would free us from our foes,  
from the hands of all who hate us.  
So his love for our fathers is fulfilled  
and his holy covenant remembered.

**He swore to Abraham our father to grant us,  
that free from fear,  
and saved from the hands of our foes,  
we might serve him in holiness and justice  
all the days of our life in his presence.**

As for you, little child,  
you shall be called a prophet of God, the Most High.  
You shall go ahead of the Lord  
to prepare his ways before him,

**To make known to his people their salvation  
through forgiveness of all their sins,  
the loving-kindness of the heart of our God  
who visits us like the dawn from on high.**

He will give light to those in darkness,  
those who dwell in the shadow of death,  
and guide us into the way of peace.

**Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end. Amen.**

*Ant:* 'Every hair on your head has been counted. **So there is no need to be afraid,**' says the Lord.

### Blessing

The Lord bless us, ✠ and keep us from all evil,  
and bring us to everlasting life. **Amen.**